

R7787

Sub. Code

721101

B.P.Ed DEGREE EXAMINATION, NOVEMBER – 2022

First Semester

Physical Education

**HISTORY, PRINCIPLES AND FOUNDATION OF
PHYSICAL EDUCATION**

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define physical training
2. Aims of physical education
3. Full form of NSNIS
4. Meaning of environment
5. Define delinquency
6. Meaning of national integration
7. Define psychology
8. What is learning curve
9. Define personality
10. Explain khelo India

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Write down aims and objectives of physical education.

Or

- (b) Explain physical education as an art and science.

12. (a) Explain British period before 1947.

Or

- (b) Explain laws of learning.

13. (a) Describe the principals of growth and development.

Or

- (b) Describe qualities of leadership and its types.

14. (a) What is social motivation and its types?

Or

- (b) Describe the contribution of Y.M.C.A

15. (a) Discuss insightful learning theory.

Or

- (b) Explain group dynamics.

Part C

(3 × 10 = 30)

Answer any **three** questions.

16. Explain physical education as an art and science.
17. Explain theories of learning.
18. Explain Sheldon's body classification.
19. Describe qualities of leadership and its types.
20. Explain conditional response theory and insightful learning theory.

R7788

Sub. Code

721102

B.P.Ed DEGREE EXAMINATION, NOVEMBER – 2022

First Semester

Physical Education

**ANATOMY, PHYSIOLOGY, SPORTS MEDICINE,
PHYSIOTHERAPY AND REHABILITATION**

(CBCS – 2022 Onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define skeletal system
2. Define organ
3. Define heart rate
4. Digestive system
5. Full form of ATP
6. What is oxygen debt?
7. Define blood pressure
8. What is respiration?
9. Full form of EPOC
10. Define anatomy

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Define joint, write classification of joints.

Or

- (b) Define cell structure and functions of cell.

12. (a) What is muscle explain types of muscles.

Or

- (b) Describe types of tissue and their function

13. (a) Draw a well labeled diagram of heart and describe the functions of heart.

Or

- (b) Explain muscular system and muscle function .

14. (a) Give description of joints.

Or

- (b) Describe the structure and functions of kidney.

15. (a) Explain digestive and respiratory system.

Or

- (b) Effect of exercise on muscular system.

Part C

(3 × 10 = 30)

Answer any **three** questions.

16. Write short notes on Balanced diet and warning up.

17. Give description of joints

18. Describe neuro muscular junction with suitable example.

19. Write the importance of physiology in the field of physical education.

20. Explain concept and types of muscular contraction.

R7789

Sub. Code

721103

B.P.Ed. DEGREE EXAMINATION, NOVEMBER – 2022

First Semester

Physical Education

**ORGANIZATION, ADMINISTRATION AND
SPORTS MANAGEMENT**

(CBCS – 2022 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Meaning of organization
2. Full form of LNCPE
3. What is knock out tournament
4. Define league tournament
5. Meaning of leadership
6. Meaning of budget
7. Full form of SAI
8. Meaning of intramural tournament
9. Define record
10. Define equipment

Part B (5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

11. (a) Meaning and importance of organization administration in physical education.

Or

- (b) Explain intramural and extramural tournament.

12. (a) What are the factors effecting organization?

Or

- (b) What are the factors effecting time table?

13. (a) Meaning and importance of budget?

Or

- (b) Write the importance of medical examination record register.

14. (a) Write the criteria and importance of budget.

Or

- (b) Write down the need and importance of play field.

15. (a) Meaning and importance of budget.

Or

- (b) Role of LNCPE AND SAI.

Part C (3 × 10 = 30)

Answer any **three** questions.

16. Discuss concept and importance of sports management.
17. Meaning need and importance of leadership qualities.
18. What are the factors effecting time table?
19. Discuss the importance of tournament.
20. Write the criteria and importance of budget.

R7790

SUB.CODE

721501

B.P.Ed., DEGREE EXAMINATION, NOVEMBER - 2022

**Physical Education
First Semester
OLYMPIC MOVEMENTS
(CBCS-2022 Onwards)**

Time: 3 Hours

Maximum: 75 Marks

Part – A

(10x2=20)

Answer all questions

1. Define Olympic Movement
2. Write the events of ancient Olympics.
3. Define Olympic rings
4. Write the motto of olympics
5. Define special olympics
6. What is para olympic
7. Write any two Olympic medalist is tennis
8. What is Olympic commission
9. Write any two events of opening ceremony in olympics
10. Write any two events of closing ceremony in olympics

Part – B

(5x5=25)

Answer all questions choosing either (a) or (b)

11. (a) Explain the aim of Olympic Movement.
(Or)
(b) Write about the early history of the Olympic Movement.
12. (a) Explain the Olympic Rings.
(Or)
(b) Explain the Olympic Flags.
13. (a) Explain the Para Olympic Games.
(Or)
(b) Write about the Youth Olympic Games.
14. (a) Explain about the structures of International Olympic Committee.
(Or)
(b) Explain about the functions of International Olympic Committee.
15. (a) Write about the elements of Opening Ceremony.
(Or)
(b) Write about the Olympic Village.

Part – C

(3x10=30)

Answer any three questions

16. Describe the stages in the development of the Modern Olympic Movement.
 17. Describe the Olympic Code of ethics.
 18. Explain the Special Olympic Games.
 19. Describe the National Olympic Committee and their role in Olympic Movement.
 20. Describe the elements of Closing Ceremony.
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